

# Advancing Menopause Care and Mid-Life Women's Health Act

Despite the fact that half the U.S. population will eventually experience menopause, menopause research has long been underinvested in and overlooked. The bipartisan **Advancing Menopause Care & Mid-Life Women's Health Act (S. 4246)**, introduced by U.S. Senator Patty Murray (D-WA), would strengthen and expand federal research on menopause, awareness and education efforts, health care workforce training, and public health promotion and prevention to better address menopause and mid-life women's health issues.

## SPECIFICALLY, THE LEGISLATION WOULD:

- **Expand federal research on menopause and mid-life women's health:**
  - Authorize \$25 million per year over five fiscal years for NIH to award grants to support biomedical, public health, clinical, and translational research and innovation related to menopause and mid-life women's health.
  - Establish new Research, Condition, and Disease Categorization (RCDC) categories for chronic or debilitating conditions among women related to menopause and mid-life women's health.
  - Strengthen coordination within the NIH and across HHS to expand federal research into menopause and mid-life women's health and prevent adverse health outcomes among women experiencing menopause and postmenopausal syndrome.
  - Support translational research activities to speed the translation of federal research to support health care delivery of perimenopause and menopause care and related women's health services.
  - Require HHS to expand public health research, health care quality research, data collection and reporting, and occupational health research related to menopause and mid-life women's health.
- **Support public health promotion activities** to address chronic conditions affecting mid-life women's health, strengthen early detection, diagnosis, and treatment of menopausal symptoms; improve health care delivery; and support the development of recommendations and best practices to expand access to mental and behavioral health care services for women experiencing perimenopause or menopausal symptoms. Authorized at \$10 million per year over five fiscal years.
- **Establish a national public health awareness, education, and outreach program** on menopause and mid-life women's health. Authorized at \$10 million per year over five fiscal years.
- **Improve professional training resources for health care providers** on menopause and mid-life women's health through a new grant program. Authorized at \$10 million per year over five fiscal years.
- **Direct the designation of Centers of Excellence in Menopause and Mid-Life Women's Health**, and authorize grants to support the improvement of professional training resources for health care providers on menopause and mid-life women's health.
- **Require HHS to report to Congress on federal research activities related to menopause** and midlife women's health, related barriers to care for patients in rural and underserved areas; barriers to training for health care providers, and recommendations to expand access to care and increase public awareness.
- **Support coordination between HHS and other federal departments and agencies**—including the VA and DoD—related to menopausal symptoms, mid-life women's health, again, and public health promotion activities.